

RESOURCES & CONTACTS

[988 Suicide & Crisis Lifeline](#)

Call 988 or 1-800-273 TALK (8255)

[Arkansas Crisis Center](#)

Main/Adult Helpline 1-888-274-7472

Teenline 1-800-798-8336

Spanish Crisis Helpline 1-866-751-5937

Friend Helpline 1-888-723-3225

[Crisis Text Line](#)

Text Home to 741741

[Counseling Resources](#)

[Pinnacle Pointe Behavioral Healthcare](#)

1-800-880-3322

[Methodist Family Health](#)

Hospital Admissions 1-501-803-3388

Emergencies 1-866-813-3388

Counseling 1-501-661-0720

[Rivendell Behavioral Health](#)

855-954-5640